

Is Love the Answer?

by

Michael J. Rhodes

Award-winning author of *The Freedom Code:
Simple Solutions for Life's Major Challenges*

Is love the answer? I could very easily stop right here and say most emphatically, “Yes.” But you can tell by the sentences below that there is a lot more to be said about this wonderful and terrible word called love. Don’t you just *l-o-v-e* the suspense? Let’s dive right in.

There are so many different types of love to talk about. There’s puppy love. You know, it’s when your puppy gives you those adorable tiny sandpaper kisses on your cheek. There’s Valentine’s Day love that lasts for 24 hours (with a bonus box of chocolates and flowers from your hunny). There’s the new boyfriend or girlfriend love which can be mind-blowingly intense and electrifying for 3 to 6 months. And then there is the love that is often heard about but rarely experienced. And that, my friends, is unconditional love. That’s the love that lasts for all eternity. That’s the good stuff that makes the world go ’round.

You’ve probably heard this phrase: God (insert your name for deity) loves me unconditionally. Well, what does that mean to be loved unconditionally? What does it feel like to be loved by someone or something no matter what you say, think, or do? It’s a concept that certainly must transcend any type of judgment or opinion in order to be labeled unconditional. There can’t be any value systems, duality, or mixed emotions, either. Unconditional love is just that—it’s unconditional. And there’s nothing else like it when you experience it. It’s the pinnacle of achievement to emulate, share, and to receive, all at the same time.

In all of my research, quests for truth, and lifetime experiences, I have yet to experience the *emotional* feeling of unconditional love. But what if unconditional love is not an emotion at all? What if unconditional love is more like a state of being? What if unconditional love is really a state of connectedness, more like a sensation than an emotion?

For a few brief moments—after meditating for years—I finally got to experience a connectedness to something larger than myself. And when I connected to this very large benevolent energy field, there was no judgment, there were no thoughts, and there were no random ideas or special events, either. It was an expansive energy that grew from within and radiated outward without any sign of losing power or strength. It was limitless and intelligent at the same time. It seemed to know what intensity I could handle and what I couldn’t. And not only did this energy emanate through me, it enveloped me at the

same time. It was like being in an energetic suit of armor with a complete sense of peace and tranquility.

After a few brief analytical moments of, “Whoa, what was that?” I came to the conclusion that this must be a small glimpse of explaining what can only be said to be indescribable. I mean, who could describe God and unconditional love in its entirety anyway? But this love, this connection, was incredible. I could have stayed like this for much longer than I did, but I am human and the connection eventually broke.

I didn't have the full awakening; I didn't know all the thoughts and ideas of the Universe. I don't think that's what love is anyway. There's knowledge, there's thought, and then there is connectedness. Couldn't unconditional connectedness really be unconditional love?

So what did I gain from this experience that can help you in your personal and spiritual growth? I'll suggest meditating. Meditate for a few minutes everyday. It doesn't have to be very long, one to five minutes for starters. And when you have a few spare moments, increase your meditation time. Just follow your thoughts and see where they lead you.

Another thing to share is this: When you feel alone, afraid, scared, angry, or hurt, there is a being, a consciousness, an Isness that is connected to you that will never be unconnected from you—ever. All you have to do is learn how to let that love flow through you. This connectedness is already there. Unfortunately, some of us block this flow of love with fear, anger, rage, and all the other negative distortions of love.

And finally, we are all the same being experiencing different lifetimes at the same time. You are me, and I am you. I am connected to you, and I will do my best to love you as I was loved. If you feel inclined, do the same thing.

I wish you all the best in your journey, and may you experience unconditional love in your lifetime.

Michael J. Rhodes is an award-winning author, motivational speaker, 30-year teacher, certified hypnotist, life coach, expert in metaphysical matters, and all-around nice guy. Contact Michael at info@AncientEldersPress.com.
www.AncientEldersPress.com